## The Role of Hippozaenium 200C in COVID-19 Pandemic A Nosode par Excellence!

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Dr. Arup Bhattacharya shares his experience with the nosode Hippozaenium in treating Covid -19. He also discusses the use of Variolinum and Tuberculinum for Covid.

As the pandemic rages, homeopaths have been collecting and sharing their observations. While most agree on many genus epidemicus remedies, few have been found to be using nosodes that can potentially reduce fatality and make patients less dependent on ICU care, including the need for oxygen life support.

This article delves into some observations about the use of a not so well-known nosode in the role of savior from the progressive viral pneumonia with its' accompanied ground glass appearances that has caused a veritable nightmare in the patient and the medical community.

SARS-CoV-2 usually targets type II lung cells which coat membranes lining the nose, throat and sinuses, and deep into the lungs. The virus pries these cells open with its' spike protein that it uses like a crowbar to force entry after locking onto the angiotensin-converting

enzyme 2 or ACE-2 receptor, which typically regulates a protein that increases blood pressure and inflammation.

Once inside these cells, the virus has a rare ability to silence alarms that would normally set off the immune system in mobilizing antibodies and virus-killing cells. The net result is a tug of war with the immune cells producing inflammatory proteins, causing damages and with clots resulting from repair of such damages leading to severe lung damage with characteristic ground glass appearance which if not checked immediately, leads to immune storm with fatal consequences.

This is a simplified version as it does not discuss other complications and havoc that this new virus can cause in human physiology by targeting multiple pathways, cells and organs, though it suffices my point of discussion as to what would be a good homeopathic remedy that can possibly reverse this immune storm and thereby stimulate the vital force in regaining health.

Many homeopaths have been

using Aspioderma quebracho in tincture or potency to counter the breathing issues, but while this can help some, it obviously plays a more supportive role, rather than being a curative simillimum which is the need of the hour for stopping further lung damage while stimulating a quick rebalance and obviating the need for ICU care requiring external oxygen life support.

At the beginning of the pandemic, I was treating an 80 year old male patient for lungs issues that included paroxysmal coughs with difficult expectoration, using infrequent doses of Hippozaenium 200C.

The nosode resolved his issues quite quickly before we realized that he was COVID-19 positive. By the time the test was found to be positive, he was already asymptomatic. Since then, I have used this remedy when indicated and have been quite impressed with the fast recovery in patients, including pO2.

In one instance, a 55 year old woman from Florida got exposed to COVID-19 on Dec 18th 2020 and COVID-19 was confirmed with the disease on Dec 31st. By Jan. 6th 2021 her condition was quite severe – oximeter showed 87-89 which on deep breathing- would reach 90.

She had fever, severe vomiting, congestion, myalgia, headaches, chest pain, exhaustion, palpitation and very soon her pO2 level was down to 77. She went to emergency care in a hospital setting where the characteristic ground glass appearance of her lungs and pneumonia were confirmed.

She was put on oxygen support, and 2 IV doses of antiviral medications, antibiotics and steroids. She was hospitalized for 4 days. While her oxygen level increased and she was still on oxygen support, she did not like the care and decided to return home.

Her breathing was terrible from any movement, and walking and climbing stairs aggravated so that she could not get her breath back easily. After the first dose of Hippozaenium 200C, she felt better instantaneously and after 3 doses on 3 consecutive nights, she was

much improved with her oxymeter reading going up from 88 to 96-97.

I have used this nosode in many cases of COVID-19 with ground glass lungs appearance and so far, I am happy to confirm not a single case needed to be hospitalized. This powerful nosode was introduced by Dr. J.J. Garth Wilkinson and covers symptoms which suggest integral parts of consumption, cancer and syphilis and promises useful service in the treatment of ozaena, scrofulous swellings, pyemia, erysipelas, chronic rhinitis and sanious secretions.

Its specific seat of action is the lungs. As a nosode, it can trigger a quick immune rebalancing where the virus fails in its intent to cause further damage and rapid recovery ensues in patients with COVID-19

I have also seen some discussion of the use of homeopathic COVID-19 nosode in covid-19 cases. I strongly doubt it will be beneficial in severe cases, since the system is already overwhelmed with COVID-19 pathogenesis and the benefit of giving the COVID-19 nosode is questionable in stimulating a healthy balance.

Instead, I have used with great benefit the small pox nosode – Variolinum 200C both as a preventative and curative in COVID-19. The result has been gratifying since it was even found to protect individuals with definite daily exposure to COVID-19 patients (such as taking care of a spouse with COVID-19 who did not really isolate and quarantine himself fully at home from others).

In cases receiving Variolinum 200C as a preventative, where later exposure did lead to COVID-19, it generally tends to give a milder disease picture that quickly resolves with the genus epidemicus of Gelsemium or Bryonia or Lycopodium etc.

I have also had the good fortune of treating COVID-19 long haulers with various symptoms including loss of taste and smell and in such cases, intermittent doses of Tuberculinum bovinum 1M has been very salacious in getting their sensory apparatus working normally again within few weeks.

So in short, this article attempts to raise awareness in the homeopathic community of the use of Hippozaenium, a wonderful nosode that can provide yeoman service in allowing fast and expeditious recovery from lung damage and oxygen deprivation and thereby freeing up more ICU spaces for those who have been more severely damaged.

Besides Hippozaenium, do look at Variolinum and Tuberculinum bovinum and share your experiences in warding off the COVID-19 pandemic and its long hauler consequences!

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## **About the author**



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Dr. Arup B Bhattacharya PhD, DHM, MS (Biophysics), MA(Psychology), HMD, DHPh, HD(RHom),PGDG studied homeopathy at the British Institute of Homeopathy and the International Academy of Classical Homeopathy From 1992 to 1999, he was Director and the main spirit behind the Centre for Homoeopathic Cure, Dombivili, near Mumbai. He was involved in training and teaching homeopathy and now continues that passion in North America. Currently he lives in Buffalo, NY, USA and he teaches and practices classical homeopathy. He conducts regular seminars with live case taking for beginners and advanced practitioners. He is an Affiliate Member and Research Associate Professor at Roswell Park Cancer Institute, NY. Arup regularly contributes to meetings of the AICR and AACR as well as various journals including the Health Newsletter, Asian Homeopathic Journal, and scientific journals such as Clinical

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